



# Dada Ramchand Bakhru Sindhu Mahavidyalaya SAARTHI

*Kaka TilokchandRughwaniMarg, Panchpaoli, Nagpur-440017.*

*Phone No. 0721-2640368, 2642789.*

website: [www.smvnagpur.ac.in](http://www.smvnagpur.ac.in)

## SAARTHI ALUMNI ASSOCIATION

Report

Guest lecture on

“CPR- The Life Saving Skills”

2022-2023

With a motive to enlighten and enhance the knowledge of students about importance of CPR- Cardiopulmonary resuscitation, SAARTHI Alumni Association organised a Guest Lecture on the topic “CPR- The Life Saving Skills”.

**Resource Person:** Dr. Ravi Gurbani

**Designation:** MD, Anaesthesiologist and Intensivist

**Date & Time:** 13/01/2023, Friday 10.00 a.m.

**Venue:** College Auditorium

**Participants:** 150 + Students and 10+ Faculties

Dr. Ravi Gurbani, an alumni of our college initiated the talk by laying emphasis on the inculcation of life saving skills among students through CPR techniques. In his deliveries sir explained and demonstrated various life-saving traits and elaborated the Anatomy of Heart. He elucidated the steps involved in CPR through practical demonstration with the help of a mannequin. The session was very informative and enlightening for the audience.

During the talk Mr. Shubham Narwade, retired personnel BARC also an alumni of the college graced the occasion.

Principal Dr V M Pendsey Sir welcomed the Guest and delivered presidential address. He laid emphasis on awareness of this life saving technique in every responsible citizen. Dr S V Tewani Sir, Secretary, SAARTHI Alumni Association also expressed his thoughts on this life reviving skill that should be learnt by all. DR A G Thadani sir, Vice Principal and Mr G. Rughwani, HOD were prominently present.

Dr. Amit Nanwani, Treasurer and Dr. Bhavna Choudhary, Executive Member worked hard for the success of the program.

Ms. Jasmine Lamba anchored the programme. All the members of faculty and students were benefitted by the information and knowledge provided by the speaker.



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Report

Guest lecture on

“Attitude- The Master Key of Success”

2022-2023

With a motive to enrich and enhance the knowledge of students about importance of positive attitude, SAARTHI Alumni Association organised a Guest Lecture on the topic “Attitude- The Master Key of Success.”

**Resource Person:** Dada Wadhandasji Talreja

**Designation:** Active Social Worker

**Date & Time:** 06/02/2023, Monday 10.00 a.m.

**Venue:** College Auditorium

**Participants:** 150 + Students and 10 + Faculties

Dada Wadhandas ji Talreja initiated the talk by emphasis on the significance of positive attitude at workplace as well as home. He added that maintaining a positive attitude can help you achieve measurable success in your personal and professional life. Sir stressed on the statement that A positive attitude may enable you to reduce your stress level, cope with challenges in a healthy and productive way, achieve actionable goals and maintain overall mental and physical wellness.

The talk ended with young minds with an urge to understand the importance of positive attitude with some important tips which were- Read a book, mind your language, surround yourself with positive people, Let your emotions out, Reward/ Love yourself.

Shri H.R. Bakhru Sir, President, Sindhi Hindi Vidya Samiti welcomed the Guest and delivered presidential address. Dr. Vinky Rughwani Sir, Chairman, Sindhi Hindi Vidya Samiti and Dr. I.P. Keswani, General Secretary, Sindhi Hindi Vidya Samiti and President, SAARTHI Alumni Association laid emphasis on positivity in the mind to be effective. Dr S V Tewani sir Secretary, SAARTHI and Vice Principals DR A G Thadani sir and all the members of the Alumni Association were prominently present.

Mr Harsh Gaure, M. Com First Year anchored the programme and Ms. Divya Gehani, M. Com Final Year proposed a vote of thanks. Dr. Amit Nanwani, Treasurer and Dr. Bhavna Choudhary, Executive Member worked hard for the success of the program.

All the members of faculty and students were benefitted by the information and knowledge provided by the speaker.



01, Panchpaoli Rd, Balabhaupeth, Nagpur, Maharashtra 440017, India

Nagpur  
Maharashtra  
India

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79°F

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## Report on “Unlocking Potential”

2022-2023

With an objective to enlighten the knowledge of students about the bad impacts of being a victim of social media and instead, taking opportunities from the productive aspects from identifying their potential SAARTHI Alumni Association organised a Guest Lecture on the topic “**Unlocking Potential**”

**Resource Person:** Mr. Vinay Chawla

**Designation:** International motivator and Writer

**Date & Time:** 03/03/2023, Friday 10.00 a.m.

**Venue:** College Auditorium

**Participants:** 150 + Students and 10+ Faculties

The resource person **Mr. Vinay Chawla**, an alumnus of our college, an Engineer by profession is the founder of “Enlighten the Soul”, an international enterprise.

The guest started his talk with the basic concept of Unlocking Potential. He explained methodology to unlock potential. The first step of his methodology is the Belief System. The second step is that short-term goals take you to long-term results. The third step is breaking your comfort zone. The fourth step is not to compare with others, compare with yourself. He has clearly explained every step by giving various examples from day-to-day life, real life stories, psychological exercises, various games. He advised students not to be victims of social media. He gave emphasis that brain travel faster than light and students should find other ways to channelize energy. They should know barriers, focus mind on present, read various books, talk to mentors, do self-SWOC analysis. The lecture concluded with a question-and-answer session.

Dr. V. M Pendsey, Principal gave an introductory speech in which he emphasized on the topic of Unlocking Potential and advised the students to understand which potential is to be unlocked and which are to be locked so that we can truly utilize once potentials. Dr S V Tewani sir, Secretary, SAARTHI Alumni Association, DR A G Thadani sir, HOD Mr G. Rughwani were prominently present.

Dr. Amit Nanwani, Treasurer and Dr. Bhavna Choudhary, Executive Member worked hard for the success of the program.

Mr. Harsh Gaure, student of M.Com First year, conducted the program and Ms. Divya Gehani, M.Com Final year offered a vote of thanks. All the members of faculty and students were motivated by the session.





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Report

**“Jashn”**

**2022-2023**

SAARTHI ALUMNI ASSOCIATION organised an ecstatic Cultural Event "Jashn" on 15/10/2022 to commemorate the Golden Jubilee Year of Dada Ramchand Bakhru Sindhu Mahavidyalaya. Alumni from the 1971 batch till date in a very huge number turned up on this day. The event was stimulating and enjoyable and was marked by enthusiastic performances by the alumni such as singing, dancing, garba and drama.

Prominently present on the occasion were the honourable Management of Sindhi Hindi Vidya Samiti and all the members of SAARTHI ALUMNI ASSOCIATION.

Some of the gloriously acclaimed Alumni were also felicitated in this program. The program was conducted by Dr. Bhavna Choudhary and Dr. Amit Nanwani under the able guidance of Dr. I.P.Keswani, President, and Dr. S.V. Tewani, Secretary. Their dedicated efforts helped to make the program a grand success.